

# The CAMC Benefit Department is planning a Benefit Fair for all employees!

The 2007 Benefit Fair will provide employees the opportunity to discuss their benefit plans directly with representatives from the benefit providers. Tables will be set up for representatives from the CAMC Benefit Department along with benefit provider representatives of the 401K plan, Spending Account Plans, Medical Insurance, LTD/Life/AD&D Insurance, Prescription Drug Insurance, and Dental Insurance.

Mountain State Blue Cross Blue Shield Health Place on the Move will also be on site at the Benefit Fair to provide registered employees as well as registered MSBCBS spouses with basic health screenings and health education materials. The basic health screening includes blood pressure testing, body mass index scoring, and a fasting blood screening that consists of Lipid Panel, Complete Metabolic Panel and PSA for males over 50 years of age. **Watch your e-mail and department postings for Health Place on the Move registration details.**

## CAMC Benefit Fair and MSBCBS Health Place on the Move Schedule

<b>Tuesday</b>	<b>October 30</b>	CAMC W & C Hospital	Boardroom
<b>Wednesday</b>	<b>October 31</b>	CAMC Teays Valley Hospital	Education Room
<b>Thursday</b>	<b>November 1</b>	CAMC Memorial Hospital	Assembly rooms A & B
<b>Friday</b>	<b>November 2</b>	CAMC General Hospital	Conference room 101/ 102

## MSBCBS Health Place on the Move only

<b>Monday</b>	<b>October 29</b>	CAMC off-site	Sport Mart location
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