

Benefits: DID YOU KNOW?

Did you know?

The CAMC pharmacy benefit plan will pay for the new stop smoking drug “Chantix”.

If you have pharmacy coverage through CAMC Health System, Inc. go to your physician to obtain a prescription and have it filled at the Employee Pharmacy. Coverage is \$300.00 lifetime max.

Did you know?

Through Lawson Self Serve, you can access your payroll information.

Go to CAMnet, Click on Lawson Self Service, enter your employee number with your password (last 4 digits of your social security number unless you have changed it.)

Once you are logged on - you can access the following information:

- Check your paychecks
- Perform Check Modeling
- Check your time accruals
- Look at your year to date earnings and taxes
- Look at your current benefits
- Look at your Annual Review History

Employees will be using Lawson Self Serve for 2008 Annual Benefit elections. Start thinking now about your elections for the upcoming year!

Did you know?

The CAMC Health System, Inc. Medical Plan includes routine vision coverage.

If you have elected and enrolled in the CAMC Health System, Inc. Medical Plan administered by Mountain State Blue Cross Blue Shield, you also have vision coverage. This coverage pays up to \$75.00 per calendar year for one routine vision examination provided by a licensed ophthalmologist or optometrist within the network of providers.

The Medical Plan includes a discount plan for vision products.

You also have access to a discount plan for vision products (eyeglasses, contacts, etc.) if you are enrolled in the Mountain State Blue Cross Blue Shield Medical Plan. This discount plan is provided by Davis Vision. To use the discount plan you must use Davis Vision contracted providers and retail locations and you must let them know of the discount plan prior to ordering or purchasing your vision products. Call Davis Vision at 1-877-923-2847 and enter code 7859 to find a provider.

Did you know?

With the CAMC Pride Card you can save up to 30% on purchases from local merchants.

- Discounts on wireless plans and phones
- Discounts on car rental/repair/audio/and tires, home repair/landscaping/pest control
- Discounts on apparel, shoes, florist, fitness, furniture, skin/hair care, lodging and more
- Discounts from local restaurants on pizza, ice cream, subs, casual and fine dining

Check it out for yourself by accessing the Pride Card site on CAMnet.

Go to CAMnet and click on Pride Card to see all the CAMC Pride Card Merchants and the discounts offered by each merchant. To obtain your free Pride Card, visit any Human Resource office.

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Did you know?

You could be losing matching dollars on your retirement contribution.

CAMC matches your retirement contribution 100% based on your years of service up to 6%. If you are not contributing the full amount being matched, you are losing the matching dollars on your retirement. For example, if you are contributing 2% and are eligible for the company match, CAMC is only matching 2%. If you increase your contribution to 4%, CAMC will match 4%.

Years of Service	Maximum Employer Matching Contribution
1 but less than 6	4%
6 but less than 11	5%
11 or more	6%

Call Fidelity at **1-800-343-0860** or go online to www.fidelity.com.atwork and access your account to increase your contribution.

Did you know?

Fidelity Freedom Funds offers a well-diversified portfolio.

Fidelity Freedom Funds is an alternative for participants who don't have time, confidence, or investment knowledge to research, create, and manage a well-diversified portfolio of mutual funds on their own.

Call 1-800-343-0860 to speak to a Fidelity Retirement Services Specialist, Monday through Friday, 8:00 A.M. to midnight to discuss your asset allocation strategy.

Before investing in any mutual fund, please carefully consider the investment objectives, risks, charges and expenses.

Did you know?

You can access and view your Medical and Spending Account claim information online.

To access your Medical claim information log onto www.msbcbs.com/mbh.html. Click *My Benefits Home* and click *Register Now*. Below is just a sample of the information that you can access once you are a registered member.

- View your medical claims (explanation of benefits – EOB)
- Find a provider
- Request ID cards
- View your member information

Please remember that your pharmacy coverage is not administered by Mt. State Blue Cross Blue Shield.

To access your Spending Account information log onto www.mycafeteriaplan.com. Click on Employee. Choose Account Login on the left side of screen and follow the login directions. A new window will open where you can access your year to date deposits, claim history, and available balance.

To contact the Compensation and Benefits Departments please call **388-7555**.



**Charleston Area
Medical Center**